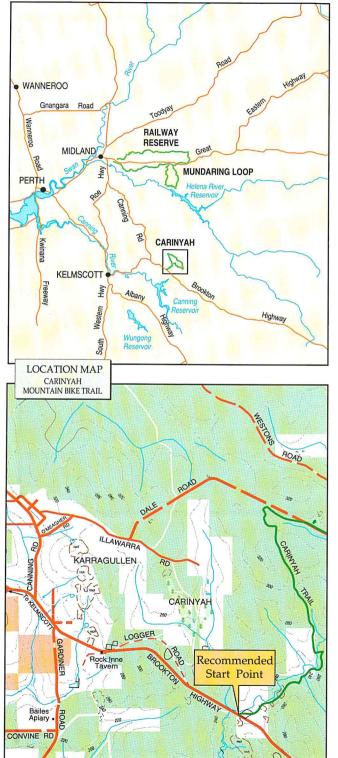
LIBRARY

Department of Biodiversity,
Conservation and Attractions

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INTRODUCTION

Welcome to the Carinyah Bike Trail. Rides are categorised according to their level of difficulty, and maps show the length of the ride and give an idea of the type of terrain and scenic qualities. Read this brochure carefully. Be aware that though most of these rides are relatively close to popular roads, the terrain covered can be difficult and time-consuming to traverse. If you are riding in inclement weather, change into dry clothes on completion of the ride. If using a car to commute to the ride's start, ensure it is locked and preferably within a public or secure area.

BIKE AND RIDER PREPARATION

Greater enjoyment can be derived from these rides if you and your bike are "fit". Ensure the bike is mechanically sound, has working brakes, tyres of the right type and with the correct pressure and that the rider position is set up to maximise comfort and efficiency. The rider should have some reasonable level of fitness and ride at a pace that ensures enjoyment of the journey. Further details on how to prepare yourself and your bike are available from the Bikewest produced brochures in all cycling stores or direct from Bikewest: 441 Murray St, Perth.

Phone: 9216 8000 or 9216 8313; Fax: 9216 8497

Email: bikewest@transport.wa.gov.au

For further cycling information visit the Department for Planning and Infrastructure web site: www.dpi.wa.gov.au

Western Australian Mountain Bike Association (WAMBA) web site: www.wamba.asn.au, Department of Sport and Recreation web site:

www.dsr.wa.gov.au/programs/trailswest

Phone: 9387 9700, Email: info@dsr.wa.gov.au or

Munda Biddi Trail web site: www.mundabiddi.org.au Phone: 9334 0265

WHAT TO TAK

The inventory depends on the distance and time expected to complete the ride, and the forecast weather conditions for the day. The following is a sample list to which you may add or shorten to suit your riding style, personal food requirements, or weather conditions. Carry the base necessities inside handlebar panniers, bum-bags or backpacks.

CLOTHING: Be prepared for changes in the weather, including the onset of rain, cold or rising temperatures during the ride. Lightweight wind chill jackets are perfect accessories.

WATER: Carry at least two water bottles per bike. Brisk riding demands about one litre of water each hour. Some permanent water points are listed on the maps.

FOOD: Some rides are close to shops or hotels, offering a pleasant stopover for food and drink. If no food outlets exist along the trail take snack food such as muesli bars.

COMPUTER: Most routes are unmarked. A cycle computer is a wise investment for the mountain bike tourer. Total and sectional distances are marked on the maps.

HELMET: An essential piece of safety equipment.

TOOLKIT: Should include - pump, puncture repair kit, spare tubes, screwdriver, allen keys, and a smaller spanner as well as insulation tape and wire (emergency repairs.)

OTHER: Small first aid kit, sunscreen, insect repellent, camera, maps,

TRAIL DESCRIPTION

Distance: 15.7 km/alternative start at Smailes 11.5 km Difficulty Level: EASY/MODERATE (one way circuit)

Start point is 4.4 km east along Brookton Highway from Canning Rd intersection. The trail is located on the northern side of Brookton Highway, 100 metres east of Kangaroo Gully. There is a cleared area for parking. Most of the trail is on existing forest roads and tracks.

0-1 km From the carpark, the trail heads in a north easterly direction along a gravel track, initially through a eucalypt plot then to dense jarrah, marri forest with rocky outcrops.

1-1.3 km Turn left, where the trail narrows and is rocky and eroded

Turn left, where the trail narrows and is rocky and eroded in parts. The trail meanders, following Kangaroo Gully and has some short steep rocky climbs with old logging tracks entering from the right.

1.3 - 2.9 km Here you will observe the return loop entering from the left, with a bridge crossing. However, continue straight ahead. This section is relatively flat with some water hazards during winter.

2.9 - 5.2 km Turn right, where the trail narrows again onto an old logging track, sandy at first then changing to a gravel surface with short rocky climbs. There are numerous old tracks entering from the right. However, stay on the main track and be on the lookout for trail markers on trees located approximately every 400 metres. This area was logged during the late 1980's and early 1990's. It mainly consists of regrowth jarrah forest with balga and banksia understory. The later part of this section is a gentle climb.

.2 - 6.7 km Turn left and left again. The trail now closely parallels Ashendon Road, a major gravel road, for a short distance before moving back into the forest. This section is flat with sweeping bends. Take care and be on the lookout for vehicles.

6.7 - 6.8 km At the alternative start point, Smailes, the trail curves right for a short distance before turning left up a short climb.

6.8 - 8 km Here there is a rocky eroded climb, then a long slow descent to a crossing on Kangaroo Gully.

8 - 8.7 km The trail traverses an area once used as a Forest
Department settlement and recreation site. There are numerous tracks in this area so be alert and look for trail markers.

8.7 - 10 km Turn left onto Dale Road, a major gravel road. There is a slow climb on loose gravel. Look out for traffic.

10 - 11.1 km Turn left off Dale Road onto a gravel track. Follow track around a eucalypt plot turning left, then left again.

11.1-13.6 km Turn right for a gentle climb through a rocky section.

Then take the fork to the left to descend along a narrow track to the cycle crossing over Kangaroo Gully.

13.6 - 15.7 kmAfter crossing the cycle bridge turn right for the return journey to the start point on Brookton Highway.

BIKEWEST MOUNTAIN BIKE MAPS

CARINYAH TRAIL

Brookton Hwy - Carinyah - Brookton Hwy





Department for Planning







Conservation
AND LAND MANAGEMENT

A Trails Project Funded by the Lotteries Commission of Western Australia

