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Beaches

Perth is blessed with almost 100km of fabulous Indian Ocean coastline.

With limestone reefs offshore, shallow seagrass-filled basins and plentiful white-sand beaches, Marmion Marine Park has excellent opportunities for all forms of water-based activities. Swim in the beach enclosure at Sorrento, snorkel the lagoon at Mettams Pool or surf at Mullaloo.

Diving, fishing and whale watching charters are available at Hillarys Boat Harbour.

Shoalwater Islands Marine Park has protected beaches and great conditions for water activities. Book a tour to see dolphins and sea lions. From September to June take the ferry to Penguin Island, explore the boardwalks and beaches and see the penguins at the Discovery Centre. Pack a picnic lunch and enjoy a day on the island.

Perth faces west and a sunset over the water is a perfect end to the day.

Tips on the weather

Perth's climate enables outdoor activities year-round. April to November favour longer walks and cycle rides and the mild climate permits beach and on-water activities in good weather.

Even on cool days be prepared for plenty of sunshine, carry drinking water, apply sunscreen and always wear a hat.

Most rain falls between May and August so pack rain protection and be prepared to take shelter if rain is likely.

Keep an eye on the weather using your favourite weather app or bom.gov.au and plan your activities for the most suitable times.

Sunset, Marmion Marine Park. Photo – Greg Maher



Enjoy nature in Perth

**Have a great time in Perth
in winter and spring – especially
outdoors, enjoying nature**



Plan your nature experience

- Plan where to go and what to do at exploreparks.dbca.wa.gov.au.
- Find details of popular trails at trails.wa.com.au.
- The best places to start for accommodation, tours and things to do on a Western Australian holiday are westernaustralia.com and trustthetickwa.com.au.
- Find information about Perth at experienceperth.com.

Front cover

Lesmurdie Falls, Mundy Regional Park. Photo – Jacki Baxter

Back cover

Hammersley Pool, Marmion Marine Park. Photo – DBCA



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Boating on the Swan River, Swan Canning Riverpark. Photo – Tourism WA

The relaxed Perth lifestyle is bound to its natural setting and many of the best nature experiences in the area can be found in national parks and other conservation reserves.

Explore the river, the coastal woodlands and lakes, the beaches or the hills and enjoy the nature of Perth.

The Swan and Canning rivers

No visit to Perth is complete without spending time on or near the river.

The river is the city's visual and cultural heart. Known as Derbarl Yerrigan to the Whadjuk people, whose connection to the river spans some 40,000 years, it is today a focus of activity for walkers, joggers and cyclists, birdwatchers and sightseers, paddlers, sailors and other recreational boat users. The entire waterway, as well as many adjoining reserves on the foreshore, make up the Swan Canning Riverpark.

Follow the network of trails, take a river cruise, enjoy water activities, or find a spot to take in the river's natural beauty at Matilda Bay Reserve, Swan Estuary Marine Park or Canning River Regional Park.

Canoe tour, Canning River Regional Park. Photo – DBCA



Lakes and woodlands

Within the Perth metropolitan area, Yellagonga, Herdsman Lake and Beeliar regional parks have picnic areas, trails and other facilities alongside shallow, freshwater lakes that provide important wetland habitat for birds and other wildlife.

North of the city, Yanchep National Park has kangaroos, koalas and abundant birdlife, picnic areas, walk trails through bushland, cave and cultural tours, a visitor centre, a campground, tea rooms, the Yanchep Inn and the Trees Adventure course.

South of the city, Yalgorup National Park features thrombolites and Ramsar-listed wetlands that attract migratory birds from around the world. Explore walk trails throughout the park or book a campsite at Martins Tank Campground and share an overnight stay with kangaroos, possums and other wildlife.

Perth hills

The hills near Perth are within easy reach for scenic drives, picnics, cycling and walking. May to November are the best months of the year to explore natural woodlands with moderate temperatures and streams and waterfalls running freely following rains.

Walk or cycle the Railway Reserves Heritage Trail above the waterfalls in John Forrest National Park or walk the river trails and enjoy a picnic while kayakers tackle rapids on the Swan River in Walyunga National Park. Beelu National Park as well as Mundy, Banyowla and Wungong regional parks are also excellent walking and sightseeing options.

About 100km south of Perth near Dwellingup, Lane Poole Reserve has picnic areas and river access for canoeing and kayaking. You can also book to stay overnight in one of the campgrounds.

Wildflowers appear in the hills and throughout the Perth area in spring and are at their brilliant best from September to November.

Blue Wren Ramble, Banyowla Regional Park. Photo – DBCA

