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Dwellingup Adventure Trails

Murray Valley Mountain Bike Trails

This network of purpose-built single-track trails offers riders a stunning experience through Lane Poole Reserve. With a variety of trail types and styles, the Murray Valley trails have something for everyone.

The Murray Valley mountain bike trails are part of the Dwellingup Adventure Trails network, which includes walk, cycle, drive and canoe experiences. The icon for this extensive and exciting network is the karrak, also known as the forest red-tailed black cockatoo. Its large size, striking red tail feathers, loud 'karraaaaak' calls and noisy eating habits make this uniquely West Australian cockatoo easy to spot in the forests around Dwellingup and Lane Poole.

There are opportunities throughout the trail network for you to discover more about the local wildlife, landscapes, history and cultural heritage that make the Dwellingup Adventure Trails an experience you will want to enjoy many times over.





Trail Classes:



Easy Trails

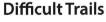
Typically flowing open trails on firm terrain with gentle gradients. Surface may be uneven, loose or muddy at times. Riders may encounter small rollable obstacles and technical trail features. Recommended for beginner mountain bikers.



Moderate Trails

Typically narrow trails with loose, soft, rocky or slippery sections and hills with short steep sections. Riders will encounter obstacles and technical trail features. Recommended for intermediate riders with some technical mountain biking experience.





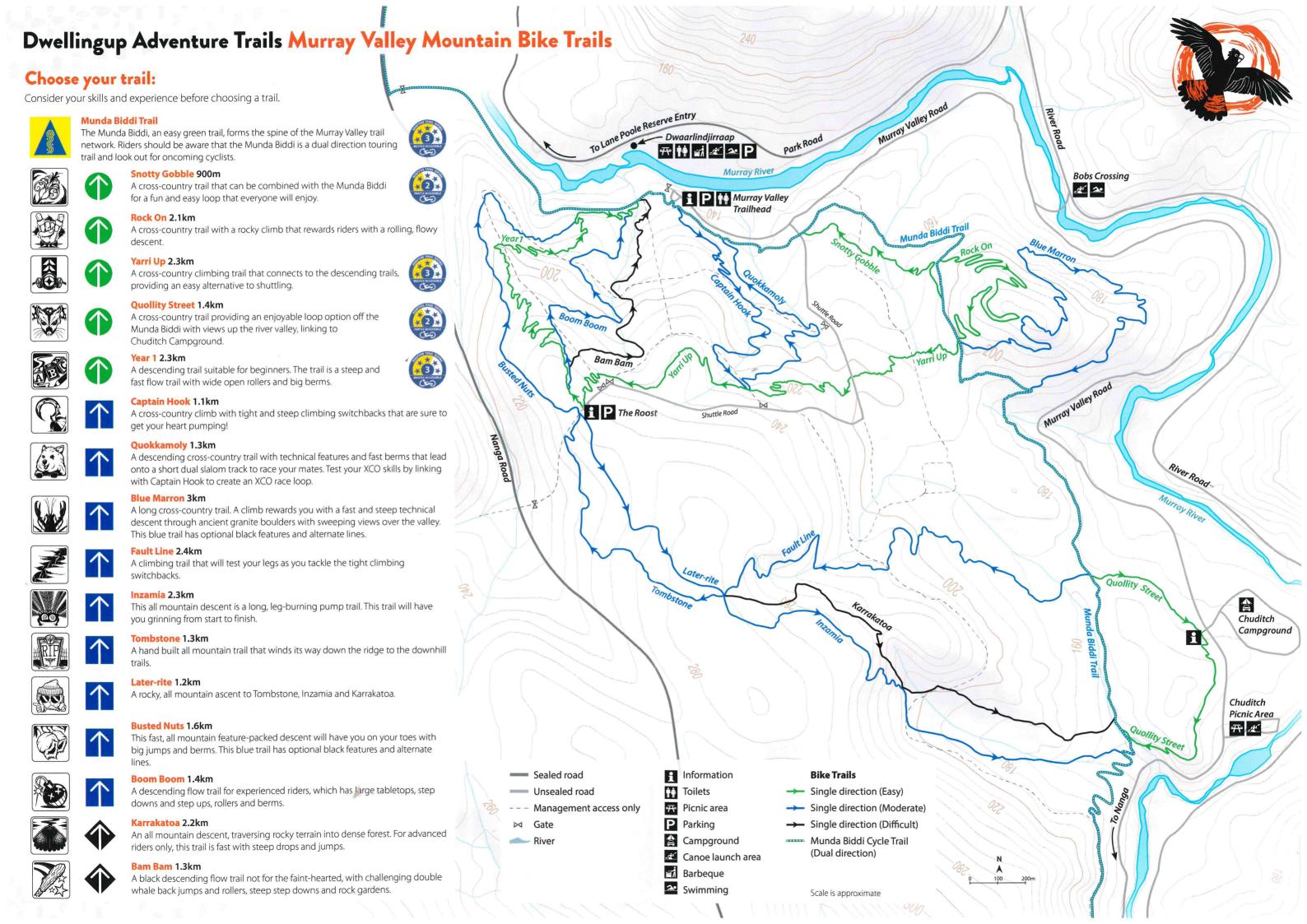
Variable surfaces and/or steep gradients. Riders will encounter large obstacles and technical trail features. Recommended for experienced riders with good technical skill levels.



Adaptive Trails

These trails have been rated under the Australian Adaptive Mountain Biking Guidelines.

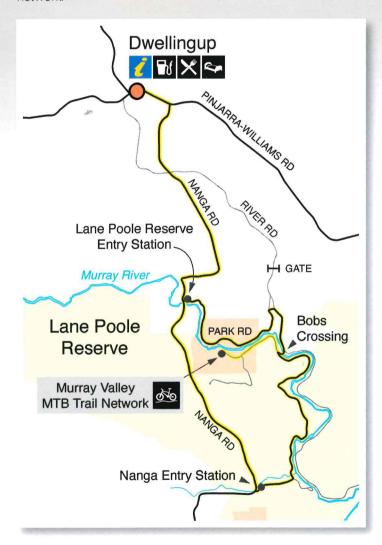






How to get there:

Enter Lane Poole Reserve at the main entry station or at Nanga, follow signs to Bobs Crossing and the Murray Valley MTB trail network.





TR\∧∆ WA Mountain Bikers Code

Safety

Be prepared. Know yourself, your bike and your way.

Check trail conditions, tell someone your plans, take enough water, clothes and first aid. Check your bike, helmet and gear, read the trailhead and choose your trail, ride within your skills and abilities.

Environment

Respect your trail and the environment.

Follow signage, stay on track and don't take shortcuts, protect wildlife and plants, take rubbish home, prevent spreading Phytophthora dieback, keep your bike and gear clean.

Attitude

Make it a good experience.

Share the trail, pass safely and courteously, help others out.



Mountain biking is a potentially dangerous activity.

It should only be undertaken with a full understanding of all the inherent risks. This information must be used along with your own experience, intuition and careful judgement.

Ride with a buddy

There are areas where you may not have mobile reception on the trails, that's why it's always a good idea to ride with a buddy.

For further information

about these trails contact the Department of Biodiversity, Conservation and Attractions at Perth Hills District office. Phone: (08) 9290 6100

Emergencies:

In the event of an emergency, phone Triple Zero (000).

The nearest emergency hospital is located in Mandurah. Mobile phone coverage is available at the top trailhead (The Roost) and Lane Poole Reserve entry station.

IN AN EMERGENCY







Download the free Emergency+ app to call for emergency assistance if ever required. If there is no mobile phone coverage you WILL NOT be able to call 000 but the app will provide you with GPS location details.



mtbwa.com.au/dwellingup/



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