

Training News

Department achieves Gold Status for Mental Health First Aid

Over the past 18 months, Employee Relations and Safety Section has trained over 200 (12.79%) departmental staff in Mental Health First Aid.

This is a significant achievement and has resulted in the department being awarded gold status as part of the Mental Health First Aid Australia Skilled Workplaces program.

In Australia, approximately one in five adults will experience a mental illness in any given year. Most people can expect to have close contact with someone experiencing a mental illness.

Mental Health First Aid teaches adults how to offer initial support to colleagues, family or friends who are developing a mental health problem, experiencing a worsening of an existing mental health problem or are in crisis.

Most staff (95%) who attended the training agreed or strongly agreed that they felt more confident in:

- recognising the signs of a mental health problem or crisis
- approaching someone who was developing a mental health problem or in crisis
- offering a person information and support about mental health

If you are interested in learning more about Mental Health First Aid, please contact Emma-Lee Finch on 9219 9782 or emma-lee.finch@dbca.wa.gov.au to discuss the possibility of arranging training for your work group.



Above: Staff in Bunbury attending Mental Health First Aid.



Training News

A new way to manage time

Learning and Development have recently released an e-learning Time Management course. The course replaces the existing face-to-face training and allows access for all staff across the state.

It has been updated to reflect a more modern approach and covers some effective tips and techniques for managing your time, helping you to be more efficient and effective at work.

The course is available [here](#) and will take approximately 1-2 hours to complete. You can self-enrol and complete the course at your own pace.

Please contact David Read on 9219 9158 or email learning@dbca.wa.gov.au if you have any questions about the course.

MATES EMBMP Trainee rangers update

Our Eighty Mile Beach Marine Park (EMBMP) Trainee rangers, were based in Broome last week taking advantage of the opportunity to work on their units and make progress on their Certificates in Conservation and Land Management.

The guys enjoyed the open learning centre at the TAFE, where they utilised the TAFE library and computers and experience a different way of learning with a lecturer who specialises in working with peoples of all walks of life.

The focus was on getting 'Sea hours up' to complete their coxswains course. Some of the activities included:

- man overboard drills
- anchoring up in locations that are wind and tide driven
- conducting patrols along the coastal waters and informing recreational boats about the new proposed marine park sanctuary zones; and
- wash down and maintenance of the vessel.



Left: EMBMP marine ranger Craig Williams steering the vessel with trainees. Left to right: Nathan Hunter, Stephen Brown, Augustine Badal and Jeffrey Brown.

Staff movements

Update on staff movements in Workforce Services Section.

- Congratulations to Helen Zillmann on her promotion to the Level 3 Senior Workforce Services Officer position.
- We welcome Zoe Palmer Level 1 Workforce Services Officer to the Wages and Overtime team.
- Mark Broere Level 2 Workforce Services Officer contract has been extended until 13 March 2018.
- Erin Holbeach Level 2 Workforce Services Officer has been seconded to the Perth Zoo for 6 months to assist with their payroll processing.
- Marja Fayomi - Level 3 Senior Workforce Services Officer will then be acting in the Employee Relations Consultants position until 25 October 2017.
- Christle Ramos will be acting in the Level 3 Senior Workforce Officer position.
- Congratulations to Matt Carter on obtaining his Temporary Special Allowance (TSA).