

IN BRIEF

CONSUMERS ADVISED TO LIMIT CONSUMPTION OF PATERSON'S CURSE HONEY

FOOD Standards Australia New Zealand (FSANZ) have advised people who eat a lot of honey to limit their consumption of honey made exclusively from Paterson's Curse. It seems that honey made from that plant contains high levels of the naturally-occurring toxins known as pyrrolizidine alkaloids which can cause liver damage when taken in large amounts. Most honey producers blend their honeys to keep the problem at a safe level. Nevertheless, its use for honey production is occasionally offered as a reason not to control this invasive weed, and it would appear that we would be better off without honey from this potentially toxic source.

More info - Australian Honey Bee Industry Council
website www.honeybee.org.au