

GOT WRITER'S BLOCK? - LET A SHEOAK WHISPER TO YOU!

Have you ever been asked to write an article or give a talk and you can't seem to work out how you want to get your message across? Go and sit quietly under a sheoak, clear your mind of all but the talk, and just listen. The sheoak will murmur and whisper to you, and gradually everything will clarify.

The Noongyar people believe that sitting underneath a sheoak is the place for contemplation and serious thought. Try it! Even if you haven't got any problems to nut out, you will still find the sheoak's gentle murmurs very relaxing.

Trevor Walley

Illustration by Margaret Pieroni from "Leaf and Branch".