

WA Parks Foundation |
Connecting people to parks.

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Spring 2022



Thomas River, Cape Arid National Park. Photo credit: Alice Reddington
[@bremer_bay_wa](#) - Shortlisted finalist in the Hidden
Corners Photographic Competition 2020.

Hop along and 'Spring into Parks'

With wildflowers blooming and spring weather glistening, it's a great opportunity to immerse yourself in nature and take advantage of the many 'Spring into Parks' events throughout Western Australia.

Click on a date and link in the online [calendar](#) to choose your next nature-based activity or event, festival, trek or tour.

A highlight is the [Memorable Moments in Nature photo competition](#) which is now open for you to upload your best photo which captures our unique flora and fauna and the beauty of our magnificent national and marine parks.

Share your experiences and photos @ourwaparks
#springintoparks.

Go wild this spring!

[Read more](#)

Highlights



Kambarang Cultural Sound Healing Session - Friday 7 October

Olman Walley (Boorloo Aboriginal Cultural Experiences) and Julian Silburn (Sound Alchemy) are joining forces to conduct a cultural sound healing session, set to the beautiful backdrop of Herdsman Lake at dusk.

The session is designed to welcome in the Noongar season of Kambarang, and will inform you of the changing season, acknowledging and appreciating the connection to country and our place within nature.

Olman and Julian aim to transport participants into a peaceful meditative space through a combination of digeridoo, Tibetan bowls, Crystal bowls, harp, and other sound healing instruments, cleansing and tuning the body to its optimal resonance. The evening will conclude with a grazing platter and specialty native teas.

[Read more & book here](#)



Forest Bathing and Enchanting Spring Picnic - Saturday 15 October

Relax on this restorative nature immersion experience in the enchanting Leeuwin-Naturaliste National Park to recharge and connect with nature. The practice involves a series of mindfulness, sensory exploration and slow movement to help relax, become more present and connect with the natural world.

The group will gather in the forest under the tall trees in the secluded Leeuwin-Naturaliste National Park about 4 hours drive south of Perth. You will be guided to engage your senses and tune it to the rhythms of nature. Then, we will wander through the forest on a slow and gentle walk. The walk length is approximately 2km. The experience concludes with an enchanting picnic and Japanese inspired tea ceremony, where you will have time to reflect, surrounded by bird song and fresh forest air.

[Read more & book here](#)



Free flag making and hut building - Sunday 16 October

Celebrate Spring and our amazing parks with a fun-filled visit to Yanchep National Park.

Enjoy the free hut-building and flag-making activities on offer from 11:00am – 2:00pm provided by Educated by Nature!

Why not spend the day and experience some of the many activities on offer for everyone to enjoy at Yanchep, including nine walk trails to choose, koalas to view, or visit the beautiful Crystal Cave.

Navigate your way through the tuart trees at Tree Tops Adventure, book a round of golf in a tranquil bushland setting and learn about Noongar culture during a 45-minute experience at the Wangi Mia.

[Read more & book here](#)



Botanicals and Beyond in Kings Park - Sunday 16 October

Discover and explore the lush green heart of Perth on a 7km guided journey through the world's largest inner-city Park, Kings Park & Botanic Gardens, and dive deeper into the wilderness of this incredible destination, to go beyond the botanicals.

You will hike through the treetops along the Federation Walkway and enjoy the magnificent, breath-taking views of the Swan River and city backdrop along the Mt Eliza escarpment, along with the abundance of springtime flora

as you walk through the beautifully manicured gardens and into the protected bushland of native flora heaven to witness orchids, banksias, and more in their natural habitat.

[Read more & book here](#)



Sunset Soiree at John Forrest National Park - Saturday 22 October

Indulge in a beautiful sunset soiree, with the Hike Collective on a 6km beginner-friendly hike at John Forrest National Park followed by a wholesome mixed grazing platter including a good mix of all your nibbly favourites.

Top it off with a glass of bubbles as the sun sets.

Wear comfortable trainers or hiking shoes, a hat and sun protection and bring a water bottle (filled with at least 1L of water).

The discounted ticket price is available with thanks to WA Parks Foundation sponsorship as part of Spring into Parks 2022.

[Read more & book here](#)



Wildflower Wander in the Harvey Region Hinterland - Friday 28 October

Marvel at the beauty of spring wildflowers and the expansive views from the Darling Range on this slow and relaxing morning, bathing in the atmosphere of the Harvey Hills.

The group will gather on Wildflower Ridge high in the Harvey Region Hinterland, a scenic 90-minute drive from Perth.

We will wander through grass trees, bushland and along rocky outcrops as you enjoy the breath-taking views from the ridge. The walk length is approximately 1.4km. The experience concludes with a Japanese inspired tea ceremony and a delicious local picnic lunch.

[Read more & book here](#)



Astro Fest 2022 - An Astronomy Festival of Epic Proportions - Saturday 29 October

Gaze into the night sky with big telescopes! See radio telescopes working to discover the hidden Universe invisible to our eyes.

Listen to real-life astronomers share what they've discovered in space.

Tour the Universe with a laser guide.

Explore the astrophotography exhibition.

Make your own LEGO radio telescope.

Be in awe of our great galaxy by attending this event and explore the universe from earth.

[Read more & book here](#)



2022 Wildlife Show at Herdsman Lake - Sunday 20 November

After an enormous success and record crowd at last year's event, the Wildlife Show is back! This signature annual event brings together some amazing wildlife, environmental and indigenous organisations to promote our native animals, indigenous culture, provide interactive exhibits for the community to enjoy, and offer families opportunities to re-connect with nature.

The day will centre around an array of fascinating native animal visitors from local wildlife centres and rescue organisations, amongst community group stallholders,

hands-on nature-based activities, live entertainment, face painting, street food vendors, barista coffee and much more.

[Read more & book here](#)

#springintoparks

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Make a difference

Uniting the community through a shared love for our WA Parks to protect and conserve them for our physical and mental health, and so they can be enjoyed into the future.

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info@ourwaparks.org.au



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