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From: WA Parks Foundation <info=ourwaparks.org.au@cmail19.com> on behalf of WA Parks Foundation <info@ourwaparks.org.au>
Sent: Friday, 27 May 2022 10:01 AM
To: Library
Subject: Consciously connect with nature - a new 30 day wellness campaign

WA Parks Foundation | Connecting people to parks.



May 2022



Consciously Connect with Nature - 30 Day wellness campaign. Photo credit: Brent Clinch

Consciously connect with nature

We all know a little bit of nature every day makes you feel happier and healthier. As part of our 'Spring into Parks' campaign, this June you can join our [30-day wellness campaign](#) designed to encourage us all to get out and enjoy nature.

We challenge you to prioritise your wellbeing and to explore our stunning parks and reserves. Feel the sand between your toes, find animal tracks, savour a sunset, listen to the sounds around you, and be a conservation champion. We have 30 days of activities to inspire and reconnect you with nature.

Visit the WA Parks Foundation [online calendar](#) for ideas on how you can “Consciously Connect” by clicking each title or download the calendar [here](#).

Read more

Park Ambassadors exchange news and ideas



Top left to right: Professor Stephen Van Leeuwin, Tracy Shea, Dr Brad Norman AM, Eva Skira AM, Professor Stephen Hopper AC, Chris Hopper, Hon Kerry Sanderson AC CVO, Councillor Kim Eckert OAM, Jock Clough, Holly Wood, Mike Wood, Jim Sharp, Richard Simpson.

Middle left to right: Anne Arnold, Jane O'Malley, Melanie Wilshin, Leigh-Anne Meyerowitz, Verity Sebire.

Bottom left to right: David de Vos, Hon Kerry Sanderson AC CVO, Ben Wyatt, Tanya Trevison, Ian Williams AO, Ainslie de Vos and Eric McCrum OAM.

The WA Parks Foundation's Ambassadors are one of the strengths of our organisation. As well as knowledge and expertise, our fifty-two Founding and Park Ambassadors bring to their role a shared love of WA's parks and reserves.

A recent event hosted at her home by our Chair, the Hon Kerry Sanderson AC CVO brought many of the Ambassadors together, some from far afield, to exchange news and ideas.

In her welcoming address, Mrs Sanderson thanked the Ambassadors for their commitment to the Foundation and their ongoing contribution and interest. She also spoke about some of the Foundation's recent key achievements.

[Read more](#)

Your support for the Foundation appreciated



Black-footed Rock Wallaby, Yardie Creek, Cape Range National Park. Photo credit: Tourism Western Australia

The end of the financial year is fast approaching, and we take this opportunity to thank all who have donated to our EOFY appeal. The Foundation is a not-

for-profit organisation and the support of the community and corporate sectors is vitally important in enabling us to deliver our programs and projects.

These are designed to conserve, promote and add value to Western Australia's spectacular and biodiverse network of terrestrial and marine parks encompassing more than thirty-one million hectares, including three natural World Heritage areas. If you would like to donate or sign up to be a member, the link is [here](#).

Read more

Protecting Exmouth Gulf



Gales Bay Exmouth Gulf Photo credit: Jon Hanson/Flickr

Exmouth Gulf in WA's North West is one of the world's wondrous natural places – globally significant for its diverse environment on land and within its waters.

To protect the gulf's unique values, planning is underway for a new marine park to be established over the eastern and southern parts, with Class A

reserves gazetted for local areas of significance such as Qualing Pool, Camerons Cave and the offshore islands.

These conservation measures follow recommendations from Western Australia's Environmental Protection Authority, helping to preserve the area's environmental and cultural values.

[Read more](#)

Kimberley calling



Yawuru Nagulagun/Roebuck Bay is on the doorstep of Broome in WA's Kimberley. Photo credit: Joanna Rath – Just Me Travel

Timing can be critical when planning a holiday, especially in areas of weather extremes, such as WA's Kimberley. Late March to early April provides the perfect opportunity to access the stunning falls – after the wet and its inevitable road closures and before the thunderous cascades dry to a trickle.

Most popular, though, are the winter months for visitors wanting to experience the wonder and magic of this vast, ancient and remote wilderness. Daytime

temperatures from June to August are around 28- 30 degrees Celsius, fine conditions are almost guaranteed and the skies are a glorious blue.

[Read more](#)

International recognition for turtle conservation program



Monitoring Thevenard Island for the North West Shelf Flatback Turtle Conservation Program. Photo credit: Department of Biodiversity, Conservation and Attractions.

At this year's International Sea Turtle Symposium, the President's award went to the Department of Biodiversity, Conservation and Attractions' North West Shelf Flatback Turtle Program. The award recognised a team effort to conduct an effective program across a diverse range of scientific research topics, establishing monitoring programs, mitigating threats such as fox control and continuing education and training programs.

Specifically mentioned were activities to engage Traditional Owners and develop collaborative projects, the ability of the program to leverage funds and in-kind support from industry, universities and private industry, and the huge amount of innovative research that has come out of the program.

[Read more](#)

Ad design opportunity for creative students



The West Australian **ED!** **7U** media education

2022 Design an Ad competition by The West Australian newspaper

The WA Parks Foundation is participating in a “Design an Ad” competition run by The West Australian newspaper. School students are invited to design an ad that highlights the need to protect native fauna in WA’s national and marine parks.

The competition offers \$100 cash prizes and the chance to have the winning adverts published in the newspaper. Entry is free, so please share and encourage participation. More details [here](#).

[Read more](#)

Meet the puppies of the sea



Australian sea lions are picture perfect – their visible ears and large eyes often drawing comparison to the friendly Labrador dog breed. Photo credit: Sea Lion Charters

Australian sea lions are an endangered species. One of their main breeding grounds lies offshore from Jurien Bay creating a chance to see these inquisitive and engaging creatures in the wild.

Hundreds of sea lions live on the isolated Buller and North Fisherman islands as well as Essex Rocks only a few kilometres from land. These islands are known as haul out sites where sea lions rest from their foraging expeditions for food. Boat tours from Jurien Bay and Green Head take visitors to see these playful marine mammals and you might also spot whales migrating along the coast.

There are sea lion watching guidelines to follow, including maintaining a good distance, not landing on an island occupied by sea lions, and never trying to touch them.

[Read more](#)

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Uniting the community through a shared love for our WA Parks to protect and conserve them for our physical and mental health, and so they can be enjoyed into the future.

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Get in touch with us
info@ourwaparks.org.au



The WA Parks Foundation is a registered charity with the Australian Charities and Not-for-profit Commission. Any donations of \$2.00 or more are eligible for a tax deduction under the Income Tax Assessment Act 1997.



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